

Patient Details

Ms Sample Report
Parkgate House
356 West Barnes Lane
New Malden
Surrey
KT3 6NB

Practitioner Details

Genova Diagnostics (Europe)
Parkgate House
356 West Barnes Lane
New Malden
Surrey
KT3 6NB

Blood Group: **A POS**
Client ID No: **IWX500220**
Accession No:
Patients DOB: 20/03/1975
Sample Date:
Date Of Report: 01/12/2008



FOOD ALLERGEN CELLULAR TEST

Comprehensive Food Allergy Profile

- Foods
- Food Additives & Preservatives
- Total IgE
- IgE Specific Antibodies
- IgA Tissue Transglutaminase Antibodies



Patient: **Ms Sample Report**

Accession No:

Food Allergen Cellular Test (FACT™)

Fish / Shellfish	Vegetables	Poultry / Meats	Dairy
Clam 0	Artichoke 0	Beef (Veal) 0	Cheese (Cheddar) 2
Crab 0	Aubergine 0	Chicken 0	Cheese (Mold) 2
Fish Cod 0	Avocado 0	Duck 0	Cow's Milk 2
Fish Haddock 0	Basil 0	Egg white 2	Goat's Cheese 0
Fish Sardine 0	Beetroot 0	Egg yolk 2	Goat's Milk 0
Fish Salmon 0	Broccoli 0	Goose 0	Sheep's Milk 0
Fish Trout 0	Brussels sprouts 0	Lamb (Mutton) 0	Sheep's Cheese 0
Fish Tuna 0	Cabbage 0	Pork 0	Rice milk 0
Lobster 0	Cauliflower 0	Turkey 0	Soya milk 0
Mussel 0	Carrot 0		
Oyster 0	Celery 0	Herbs / Miscellaneous	
Prawn (Shrimp) 0	Chilli (Paprika) 0	E621 MSG 1	Nuts and Grains
Scallop 0	Cucumber 0	E124 Ponceau 0	Almond 0
Squid 0	Garlic 0	E210 Benzoate 1	Barley 0
Fruits	Leek 1	E110 S.Yellow 0	Bean Green 0
Apple 0	Lettuce 0	E102 Tartrazine 0	Bean Haricot 0
Apricot 0	Mushroom 0	Basil 0	Bean Kidney 0
Banana 0	Millet 0	Chocolate 0	Brazil nut 0
Cherry 0	Mustard 0	Coffee 1	Buckwheat 0
Orange 0	Onion 1	Honey 0	Cashew nut 0
Date 0	Parsley 0	Oregano 0	Chestnut 0
Fig 0	Pea 0	Sage 0	Chickpea 0
Grape 0	Pepper (Bell) 0	Sugar-beet 0	Coconut 0
Grapefruit 0	Potato 0	Sugar-cane 0	Corn (Maize) 0
Kiwi 0	Shallot 1	Tea black 0	Hazelnut 0
Lemon 0	Spinach 0	Tea green 0	Lentil 0
Lime 0	Tomato 0	Yeast 0	Oats 0
Mango 0			Peanut 4
Melon 0			Poppy seed 0
Nectarine 0			Rice 0
Peach 0			Rye 1
Pear 0			Sesame seed 0
Plum (Prune) 0			Soya 0
Pineapple 0			Walnut 0
Raspberry 0			Wheat 3
Strawberry 0			

Total IgE / tTGA Antibodies

	Inside	Outside
Total IgE		225.0
Reference Range	<= 87.0 IU/mL	
tTGA- IgA	1.9	
Reference Range	<4.0	>=4.0 U/mL

0 None Detected 1 Low 2 Moderate 3 High 4 High

- The FACTest™ measures the release of inflammatory markers from white blood cells following exposure to the test foods and additives, for the assessment of both IgE and non IgE dependent allergic reactions.

- Increasing scores suggest an increasing probability of clinical reactivity to specific foods.

- The True Relief diet is specific to FACTest™ results. Other dietary restrictions should also be taken into account.

Laboratory Comments

Total IgE level may have clinical significance and can be a useful indicator of IgE mediated disease.

Tissue Transglutaminase Antibodies (the target antigen of endomysial antibodies), can be used for the clinical diagnosis of symptomatic and latent coeliac disease.

Reported by: NRA

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Food Specific IgE Antibodies

Allergen	kU/L	Class	Grade	Allergen	kU/L	Class	Grade
ANIMAL PRODUCE				NUTS AND SEEDS			
Pork	<0.10	0	*	Peanut	53.0	5	VH *
Beef	<0.10	0	*	Hazelnut	<0.10	0	*
Chicken	<0.10	0	*	Brazil Nut	<0.10	0	*
Lamb	<0.10	0	*	Almond	<0.10	0	*
Egg White	1.50	2	M *	Coconut	<0.10	0	*
FISH / SEAFOOD				GRAINS			
Cod	<0.10	0	*	Wheat	0.90	2	M *
Tuna	<0.10	0	*	Oats	<0.10	0	*
Salmon	<0.10	0	*	Corn	<0.10	0	*
Shrimp	<0.10	0	*	Buckwheat	<0.10	0	*
Mussel	<0.10	0	*	Rice	<0.10	0	*
DAIRY PRODUCE				VEGETABLES / YEAST			
Milk (Cows)	2.50	2	M *	Celery	<0.10	0	*
FRUITS				Tomato	<0.10	0	*
Orange	<0.10	0	*	Carrot	<0.10	0	*
Apple	<0.10	0	*	Potato	<0.10	0	*
Banana	<0.10	0	*	Soybean	<0.10	0	*
Peach	<0.10	0	*	Garlic	<0.10	0	*
Kiwi	<0.10	0	*	Mustard	<0.10	0	*
Mango	<0.10	0	*	Bakers's Yeast	<0.10	0	*
Pineapple	<0.10	0	*				

Grade: VL = Very Low L = Low M = Moderate H = High VH = Very High

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True Relief ROTATION DIET SCHEDULE (Combined), page 1 of 3

FAMILY	DAY ONE	DAY TWO	DAY THREE	DAY FOUR
Dairy Group All dairy products		Cow's Milk Cheese (Cheddar)		Cheese (Mold)
Goat's Milk Sheep's Milk	Sheep's Milk Sheep's Cheese			Goat's Milk Goat's Cheese
Hen's Egg	Egg white Egg yolk			
Beef, Veal		Beef (Veal)		
Lamb, Mutton				Lamb (Mutton)
Pork				Pork
Poultry chicken, turkey, capon, duck, goose, pheasant, partridge, grouse	Chicken pheasant, quail	Duck	Turkey	Goose
Mollusk abalone, clam, mussel, oyster, scallop, squid, snail	Oyster Clam abalone		Mussel Scallop squid, snail	
Crustaceans crab, crayfish, lobster, shrimp, prawn	Crab	Prawn (Shrimp)		Lobster
Fish Fish may be eaten daily provided a different fish is selected each day Fish which are related are in small type under the tested fish	Fish Cod hake, pollock Fish Haddock hake, pollock	Fish Salmon Fish Trout	Fish Tuna mackerel, bonito Fish Sardine Pilchard, herring	Fish Plaice flounder, halibut, sole, turbot, dab
Plum plum, prune, cherry, peach, apricot, nectarine, almond	Apricot Plum (Prune) Cherry		Almond Peach Nectarine	
Citrus orange, grapefruit, lemon, lime, tangerine, kiwi, kumquat		Orange Lemon Mandarin		Grapefruit Kiwi Lime
Apple apple, pear, quince		Apple		Pear
Rose raspberry, blackberry, loganberry, strawberry	Raspberry Loganberry		Strawberry blackberry	
Banana plaintain	Banana			
Grape raisins				Grape
Pineapple			Pineapple	

True Relief ROTATION DIET SCHEDULE (Combined), page 2 of 3

FAMILY	DAY ONE	DAY TWO	DAY THREE	DAY FOUR
Gluten Containing wheat, rye, oats, spelt, triticale, kamut, barley	Barley Rye		Oats Wheat	
Corn / Rice / Millet corn, popcorn, sweetcorn, starch white rice, brown rice, wild rice millet, sorghum		Corn (Maize) Millet		Rice Rice milk
Cane / Chestnut cane sugar, molasses, chestnut, water chestnut	Chestnut		Sugar-cane	
Buckwheat rhubarb, sorrel				Buckwheat
Flax flax seed, linseed		Linseed		
Sesame	Sesame seed			
Sunflower jerusalem artichoke, safflower			Sunflower seed	
Poppy		Poppy seed		
Legume alfalfa, peas, lentils, peanut, licorice, acacia, senna, black-eyed peas, soy, Beans: mung, green, kidney, haricot, white, broad, string, pinto lima, chickpea	Chickpea Lentil Peanut Pea		Bean Kidney Bean Green Bean Haricot Soya Soya milk	
Mustard mustard, cabbage, broccoli, kale cauliflower, sprouts, turnips, radish kohlrabi, horseradish, watercress	Cauliflower Brussels sprouts		Cabbage Broccoli Mustard	
Composite Flower lettuce, endive, chicory, escarole, artichoke, dandelion	Lettuce		Artichoke	
Lily asparagus, onions, garlic, chives, onions, leeks, scallions, shallots, aloe vera		Garlic Onion		Leek Shallot
Nightshade potato, tomato, eggplant, peppers (bell, red, green, chile, cayenne), Paprika, pimento, tobacco	Pepper (Bell) Potato		Tomato Aubergine	
Morning Glory sweet potato, yam				Potato, sweet
Parsley parsley, parsnip, carrot, celery, celeriac, coriander, fennel, dill, cumin, lovage, chervil, anise		Carrot		Celery Parsley

True Relief ROTATION DIET SCHEDULE (Combined), page 3 of 3

FAMILY	DAY ONE	DAY TWO	DAY THREE	DAY FOUR
Goosefoot beet, spinach, chard.	Beetroot Sugar-beet		Spinach	
Gourd canteloupe, melon, Gherkin, pumpkin, squash, Zucchini		Cucumber		Melon
Laurel avocado, cinnamon, bayleaf			Avocado	
Olive green olive, black	Olive			
Fungi yeast (bakers, brewers), mushroom,		Mushroom		Yeast Bakers, Brewers
Coffee	Coffee			
Tea black tea, green tea	Tea black		Tea green	
Chocolate chocolate, cocoa			Chocolate	
Honey bee pollen, royal jelly	Honey			
Lecythis brazil nuts, paradise nut	Brazil nut			
Cashew cashew nut, pistachio nut, mango		Mango		Cashew nut Pistachio
Hazelnut hazelnut, filbert				Hazelnut
Walnut butternut, hickorynut, pecan		Pecan		Walnut
Palm coconut, sago, date, taro, poi		Coconut		Date
Mint Basil, Marjoram, Mint, Oregano peppermint, Rosemary, Sage, Spearmint, Thyme	Basil Oregano			Sage
Gooseberry gooseberry, black & red currant	Blackcurrant red & white currants		Gooseberry	
Mulberry mulberry, figs, breadfruit				Fig
Black pepper			Pepper (Black)	